

## Herbal Teas

### Chamomile Tea



Chamomile, derived from the Greek word meaning "ground apple" has been brewed as an herbal tea ever since ancient Egypt. This is organic, Matricaria recutita, premium quality, sweet Chamomile flowers.

This herbal tea offers an apple-like aroma, and brew a deliciously floral cup with a distinct flavor of a slightly tart baked apple pie. Chamomile is used for stomach troubles, colds, and muscle aches as well as anxiety and sleeplessness. Very good with honey and/or lemon

To brew Chamomile, start with near boiling water. Steep for 5-7 minutes.

**\$2.35 per ounce\***

**SOLD OUT**